NCJTC
National Criminal Justice Training Center
Fox Valley Technical College

Children in the Digital Age

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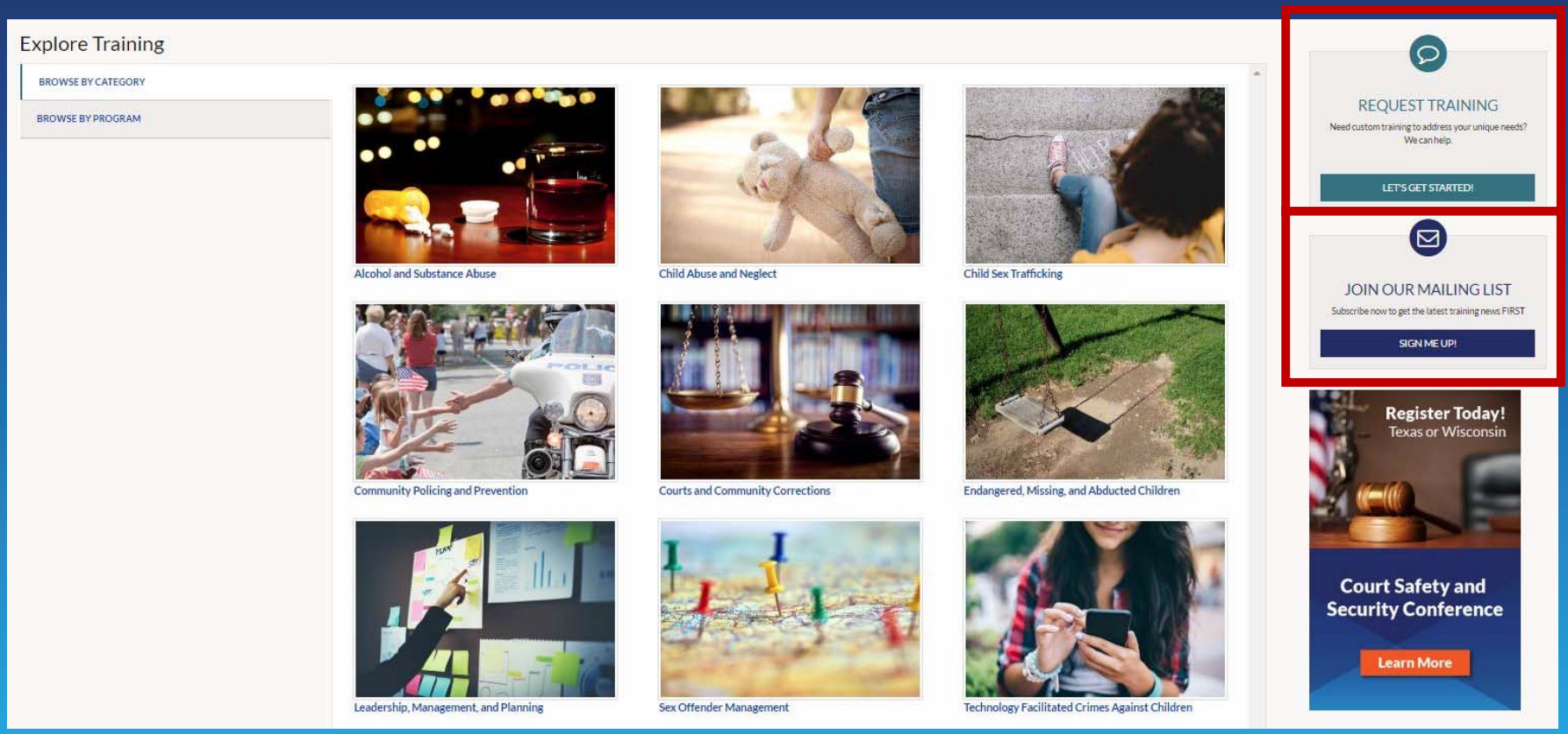
Fox Valley TECHNICAL COLLEGE
Knowledge That Works

WWW.NCJTC.FVTC.EDU



Objectives

- Identify technology used by youth
- Describe why some youth take online risks
- Describe effective technology safety messaging

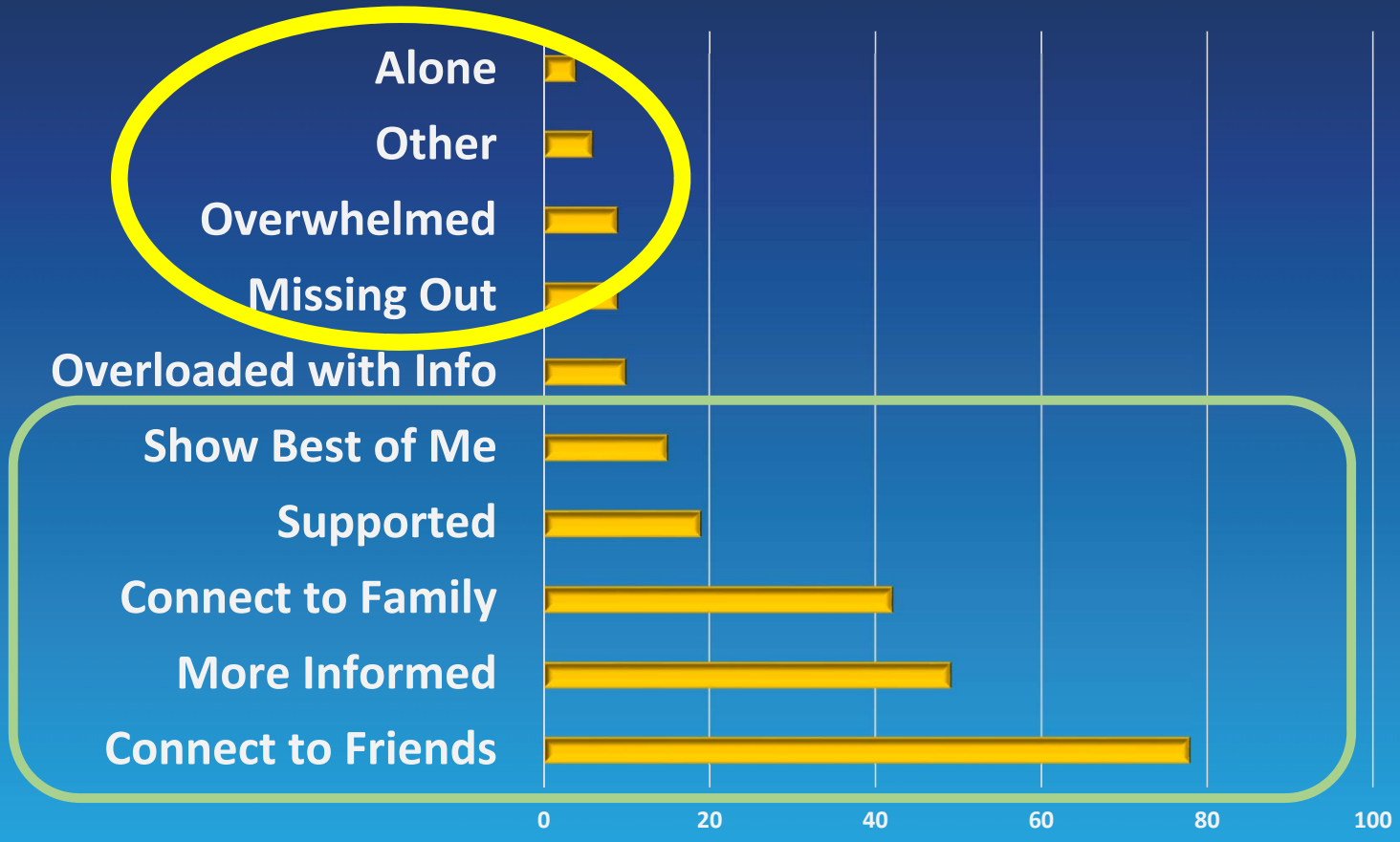
HOW DO KIDS USE SOCIAL MEDIA?

DO WHAT EVERYBODY ELSE DOES

Effects of Too Much Tech

- "Strangers" can be considered "friends"
- Some feel addicted to device
- Fear of Missing Out (FOMO)
- False sense of security
- Privacy views

Reason for Use of Social Media by Teens



WWW.APNORC.ORG
Teens Are Taking A Break from SM - 2017

RISK

SOCIAL
MEDIA
BLOG
SMS
BLOG
SMS

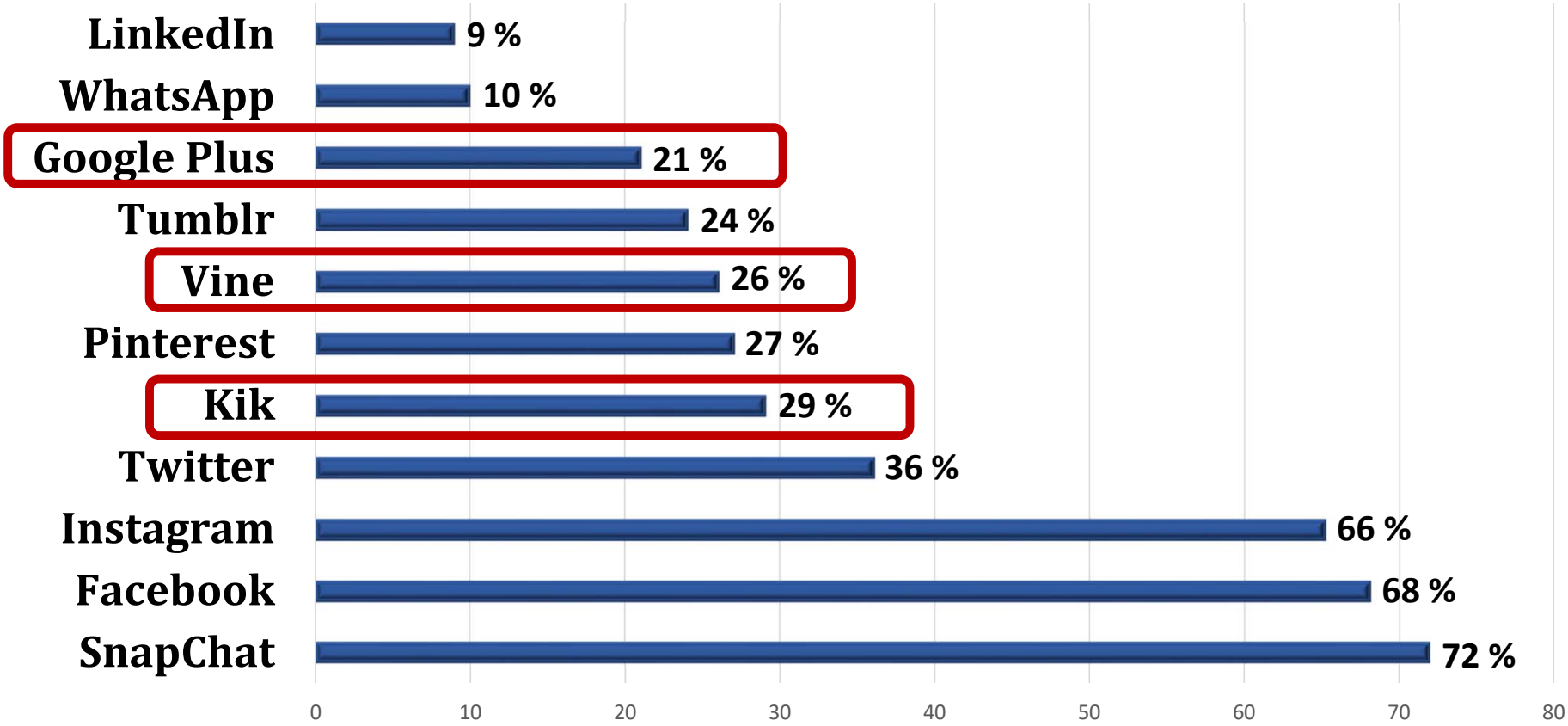
Teen Time Online

- More hours a day online = **LESS SATISFIED**
- 1-5 hrs a week online = **HAPPIER THAN THOSE NOT ONLINE**
- Happiest =
  - **SPEND ABOVE AVERAGE TIME SPENT WITH FRIENDS + BELOW AVERAGE IN SOCIAL MEDIA USE**

Twenge, J. M., Martin, G. N., & Campbell, W. K. (2018)

Test sincerità
Biorítmo
Amici Preferiti
19

Social Media Use 2-2016; age 12-24 Statistica.com



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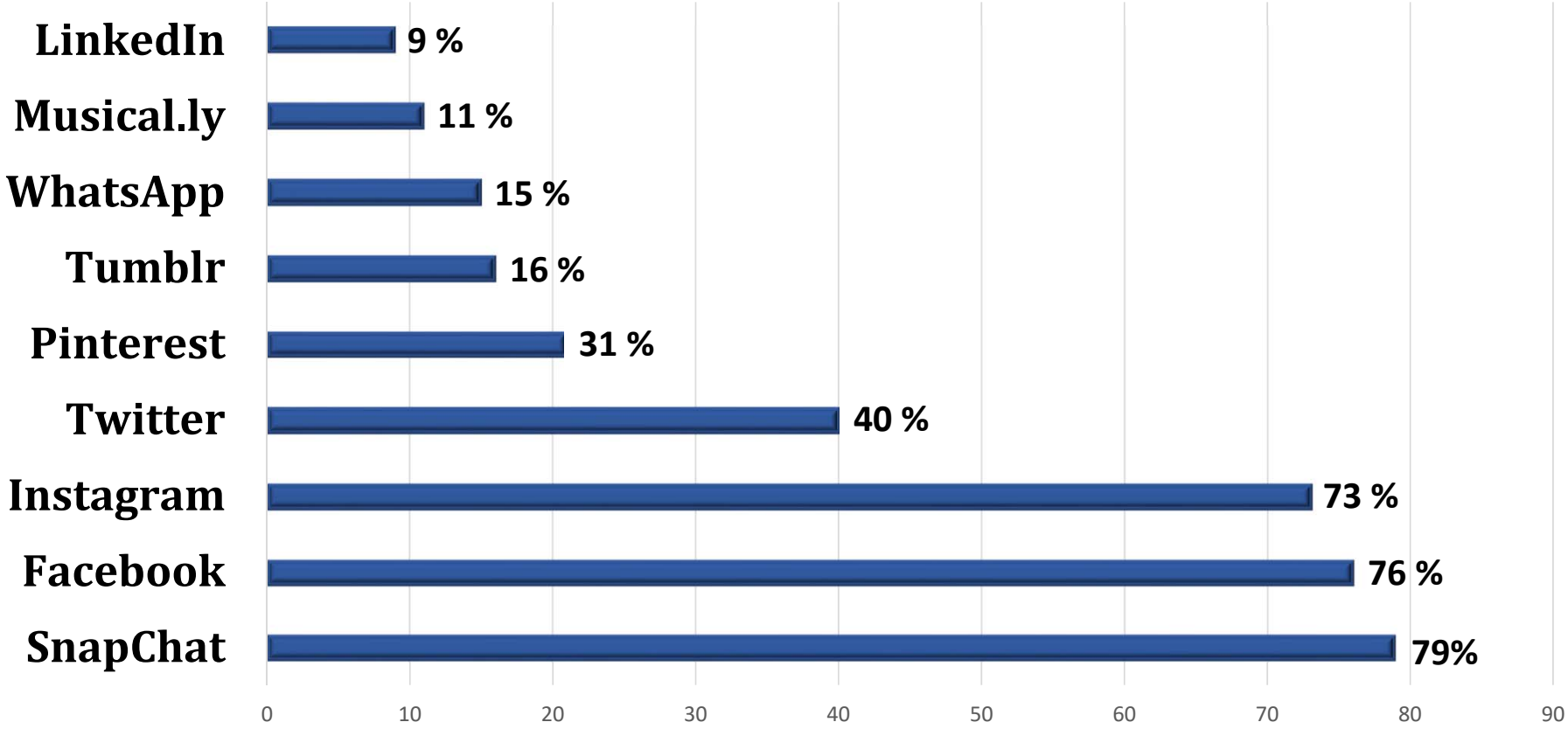
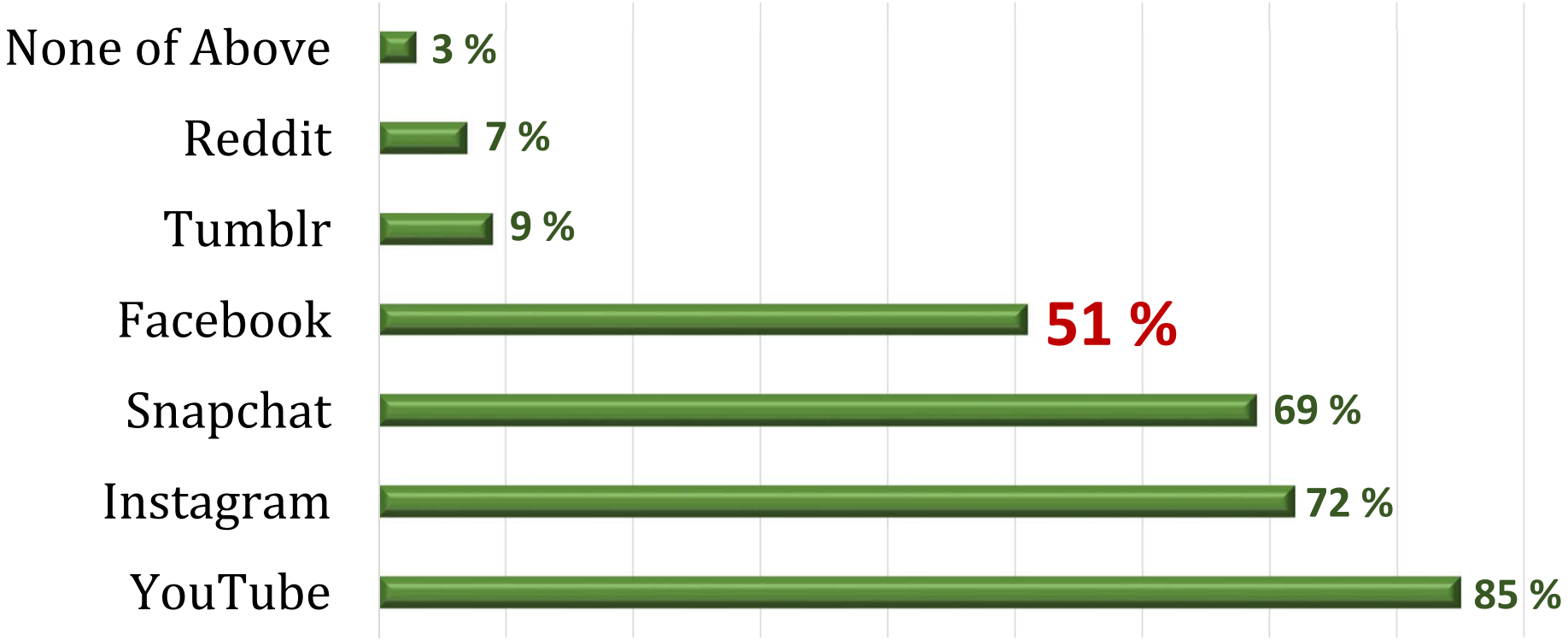
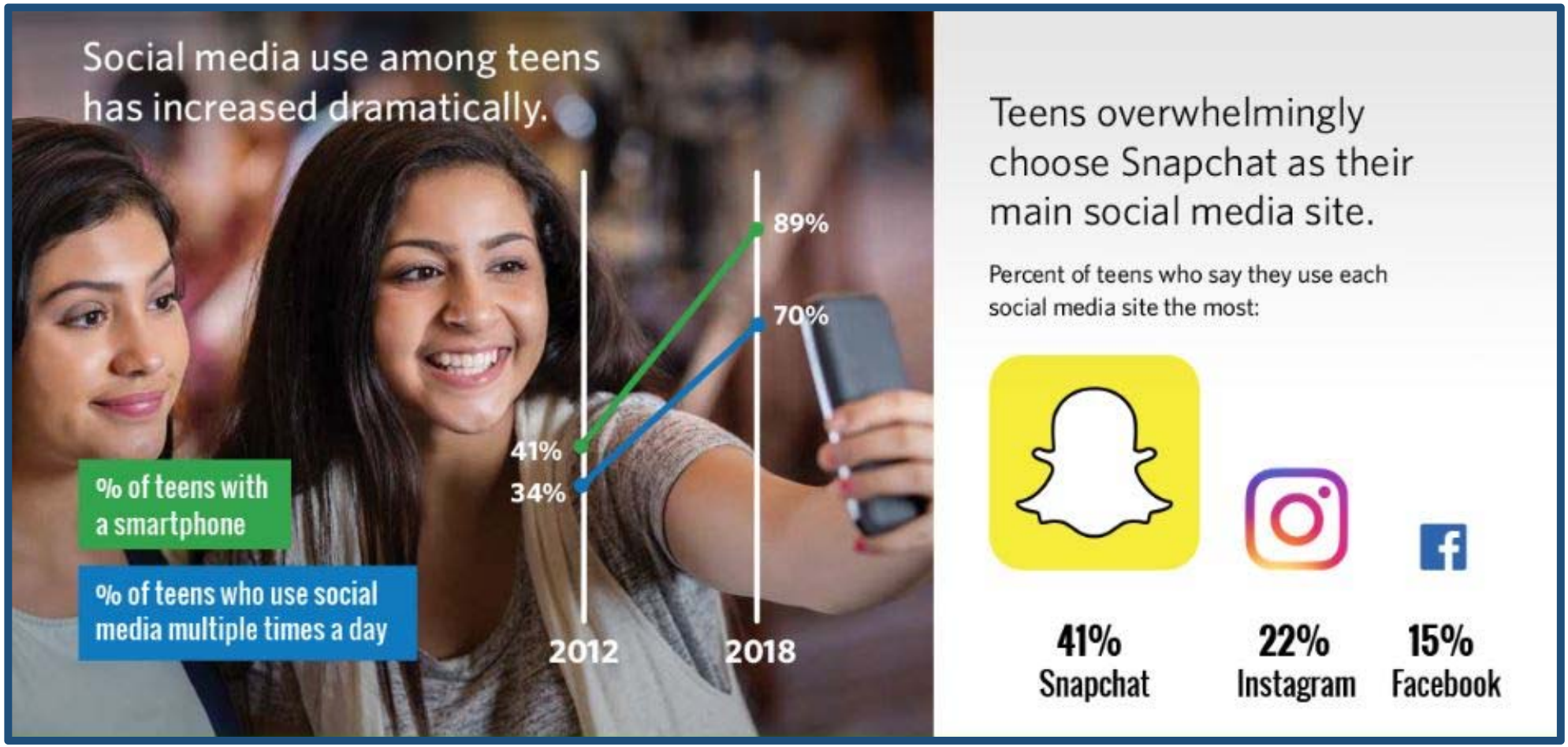


Social Media Use 5-2018; age 12-17



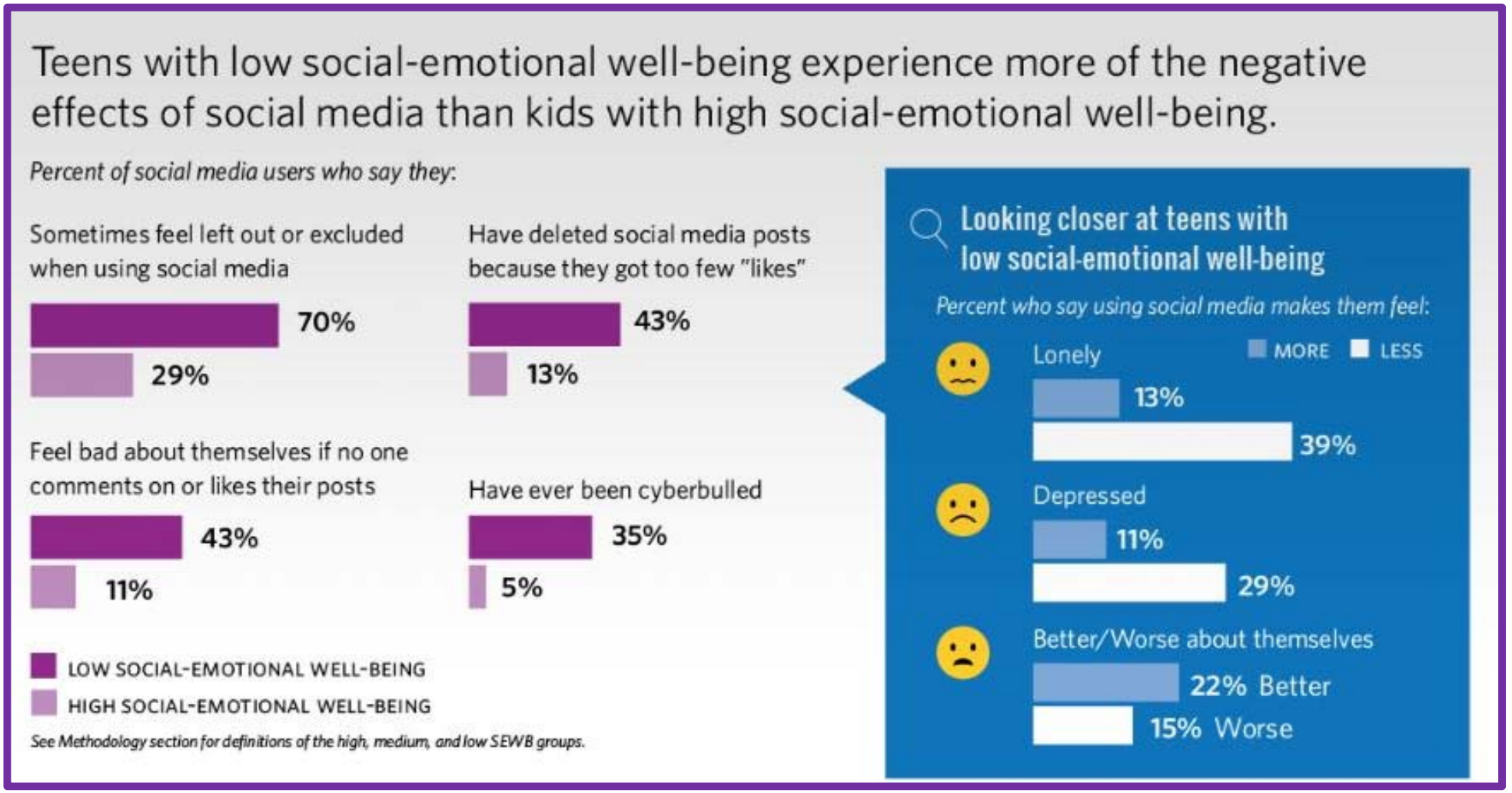
Teens, Social Media & Technology 2018 - Pew Research Center



Common Sense Media – 09-2018

Social Emotional Well-Being Analysis

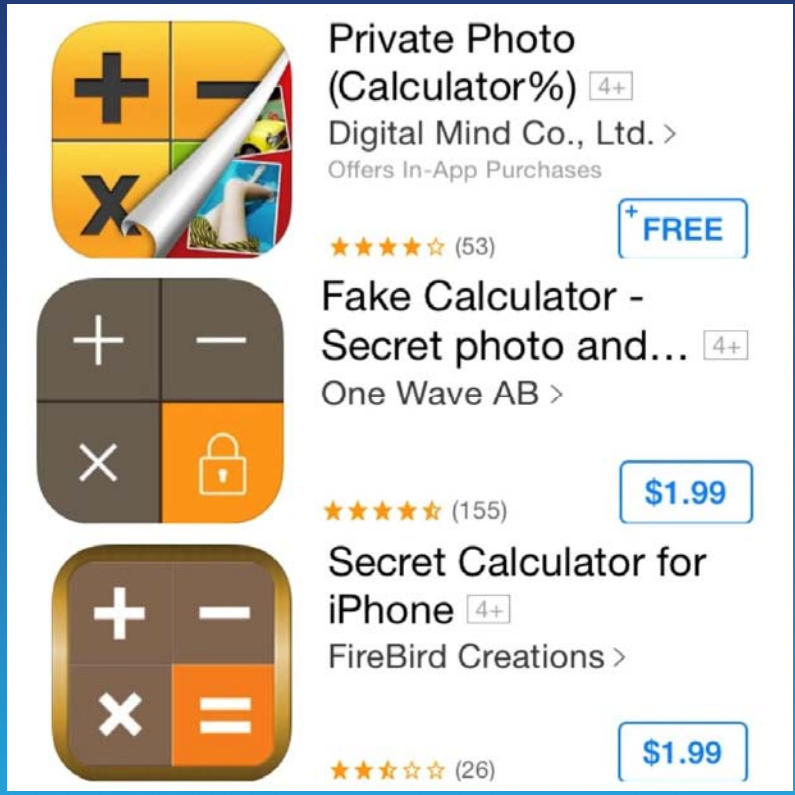
- I get along with parents
- I'm happy with my life
- I like myself
- There are lots of things I can do well
- Compared to others my age, I feel normal
- I have lots of friends
- I often feel rejected by people my age
- I'm lonely
- I often feel sad or depressed
- I get into trouble a lot



Common Sense Media – 09-2018

Hide Apps - iPhone

- Locker; Hide Photos
- Secret Folder App Lock
- Secret Calculator
- Secret Apps Photo Lock
- Fake Calculator
- Hide it Pro
- Hide Private Photos
- Private Photo Vault



CYBERBULLYING

DRAMA

Responding to Digital Abuse?

- Respond appropriately or not at all
- Don't pass it on
- Don't encourage others to do it
- Don't gang up on others
- Stand together against it
- **REPORT IT!!**

Sexting

Why Does Sexting Happening?

- Mobile devices - cameras
- Adolescent cognitive issues
  - "Don't show anyone else"
- Sexual desensitization = Normative Behavior
  - Pornography
  - Advertising
  - Television – movies
  - Music videos

Reasons Teens Give for "Sexting"

- "He asked me to take the pic and I didn't want him to think I was a prude"
- "I was pressured into doing it"
- "Everyone does it and it's no big deal"
- "I was bored"
- "It's just flirting"

How sextortion unfolds

60%

KNEW PERPETRATORS IN PERSON BEFORE THREATS

40%

MET PERPETRATORS ONLINE

OK.
SO YOU DID
A THING...
0:00 / 1:28

Make it Personal - PROTECT YOUR:

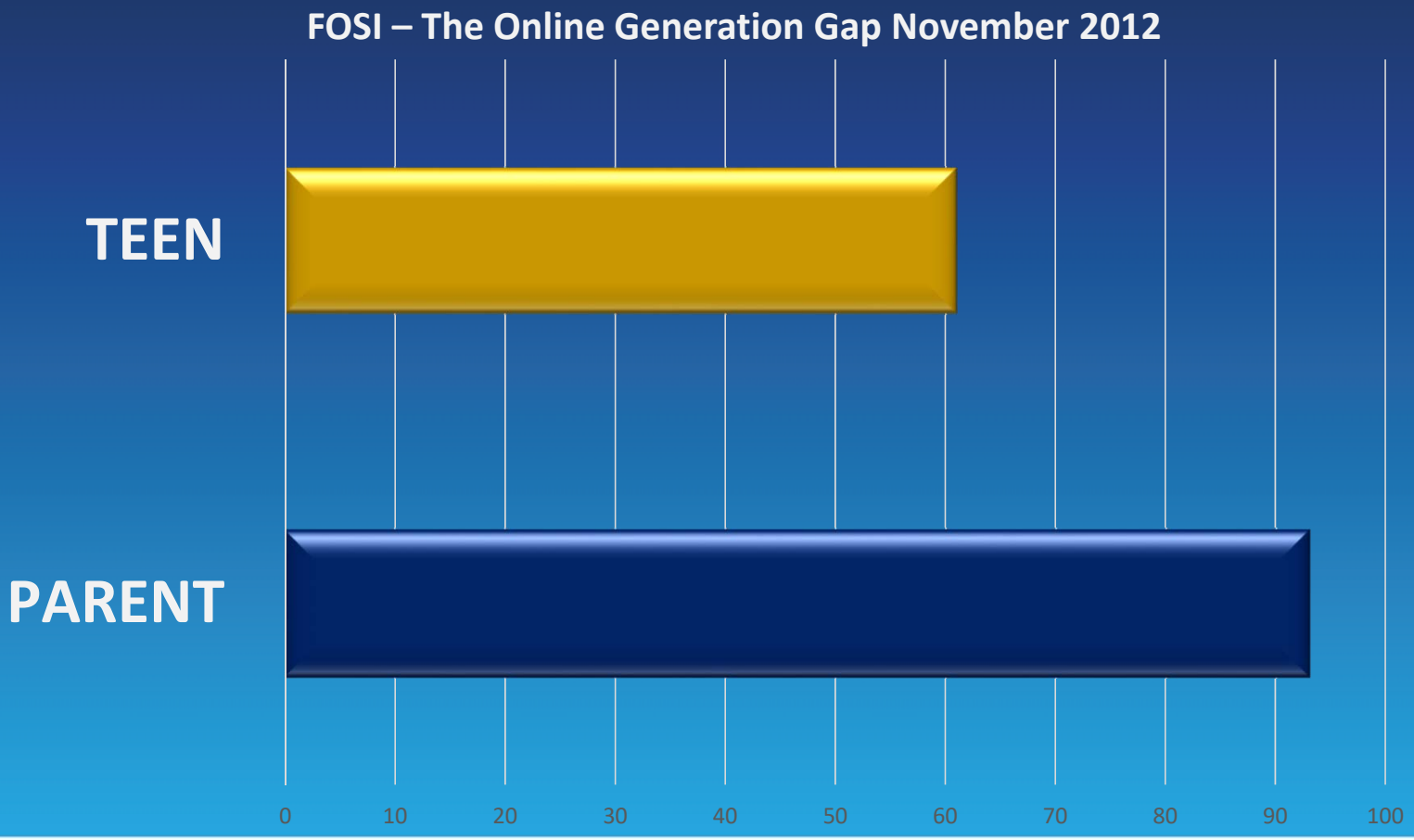
What Messages Don't Work?

- Scare tactics
- Overstated statistics
- Stereotypes
- Dismissive perspectives
- Don't go to these sites…

What Does Work?

- Positive social norms
  - Use stats about good behaviors
  - Positive culture and climate
- Accurate & timely information
- Skill based and interactive

Talked To Child About Risks, Benefits, Rules & Expectations



Narrative Event Practice

"Tell me about that"

A Driving Lesson = Tech Safety

A Driving Lesson = Tech Safety

A Driving Lesson = Tech Safety

Teens Want Parents To:

- "Talk with us about the apps we like to use and why. Most of you have no idea about our world."
- "Accept that there are lots of good things on social media — it is not all bad stuff."
- "Talk with us about sexting and healthy relationships in a way that isn't awkward."

Washington Post 1-9-18

NATIONAL CENTER FOR MISSING & EXPLOITED CHILDREN
CYBER TIPLINE
www.cybertipline.com
1-800-843-5678

Internet Crimes Against Children (ICAC) Task Force

www.icactaskforce.org

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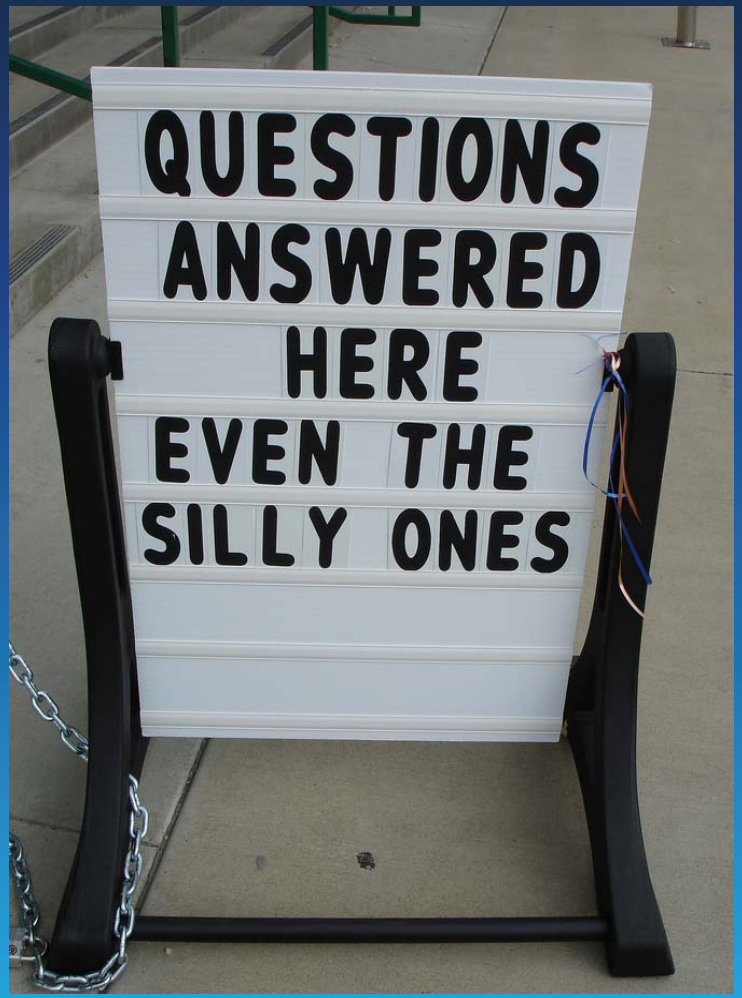
IT'S NOT ABOUT THE TECHNOLOGY

IT'S ABOUT THE BEHAVIOR!



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